

## SJC 2024-2025 Winter Tryout/Season Start Information

Below are the winter sports, the first day of tryout information, and the program head's name and email address.

**\*Please connect directly with the coach for sport-specific questions.\***

<b>Winter Sport</b>	<b>Head Coach &amp; Email</b>	<b>First Day of Tryouts</b>	<b>Time</b>	<b>Location</b>
<b>Basketball (Boys')</b>	<b>Patrick O'Connor</b> <i>poconnor@stjohnschs.org</i>	Friday, November 8 <sup>th</sup> (Varsity)	3:15-5:15p	SJC Roth Gym
		Sunday, November 10 <sup>th</sup> (JV & Frosh)	1-3p	SJC Gallagher Gym
<b>Basketball (Girls')</b>	<b>Jonathan Scribner</b> <i>jonathan@hoopeducation.com</i>	Friday, November 8 <sup>th</sup> (Varsity)	5:15-7:15p	SJC Roth Gym
		Monday, November 11 <sup>th</sup> (JV & Frosh)	3-5p	SJC Roth Gym
<b>Ice Hockey (Boys')</b>	<b>Gregg Marinari</b> <i>gtmarinari@gmail.com</i>	Friday, November 8th	5:40-7:10p	Rockville Ice Arena
<b>Ice Hockey (Girls')</b>	<b>David Sauer '05</b> <i>dsauer33@gmail.com</i>	Friday, November 8th	4-5:30p	Rockville Ice Arena
<b>Swim &amp; Dive</b>	<b>Chris Dunckel '08</b> <i>cdunckel@stjohnschs.org</i>	Friday, November 8 <sup>th</sup> (New to team)	6-7:30a	Either UDC Natatorium or Takoma Aquatic Center
		Monday, November 11 <sup>th</sup> (Returners)	6-7:30a	
<b>Indoor Track &amp; Field</b>	<b>Desmond Dunham</b> <i>sjchstrack@gmail.com</i>	Tuesday, November 12 <sup>th</sup>	3:30p-dark	SJC Upper Field
<b>Wrestling</b>	<b>Matt Keel</b> <i>keel.sjcwrestling@gmail.com</i>	Friday, November 8th	4:15-6p	SJC Wrestling Room